



GLOBAL ACADEMY OF COACHING

LEAD. THRIVE. MAKE A DIFFERENCE.

Do you want to **create a better world?**
And take your life to the next level
at the same time?

**We can achieve this together, with the
Leadership Certification by
GLOBAL ACADEMY OF COACHING.**

We all have a basic game plan,
based on which we spend our daily lives.

Have you ever thought whether this plan is
what you need to be truly happy?

We have to deal with many roles, which
we have to execute nearly flawlessly.
Work, relationships, family, free time exist in our mind
like parallel universes that never meet each other.

At the center of all these interactions, however, is
always our self. That's why personal development
is a basic factor of how complete we feel.

Our self is the source from which we draw energy
for everything else. Unfortunately, if that source
isn't adequately fueled, it's not infinite.





Global Academy of Coaching (GAC) is one of the official coaching schools that provide high quality life coaching studies, in accordance to the strict standards of the **International Coaching Federation (ICF)**.



Jill Douka
MBA, MCC

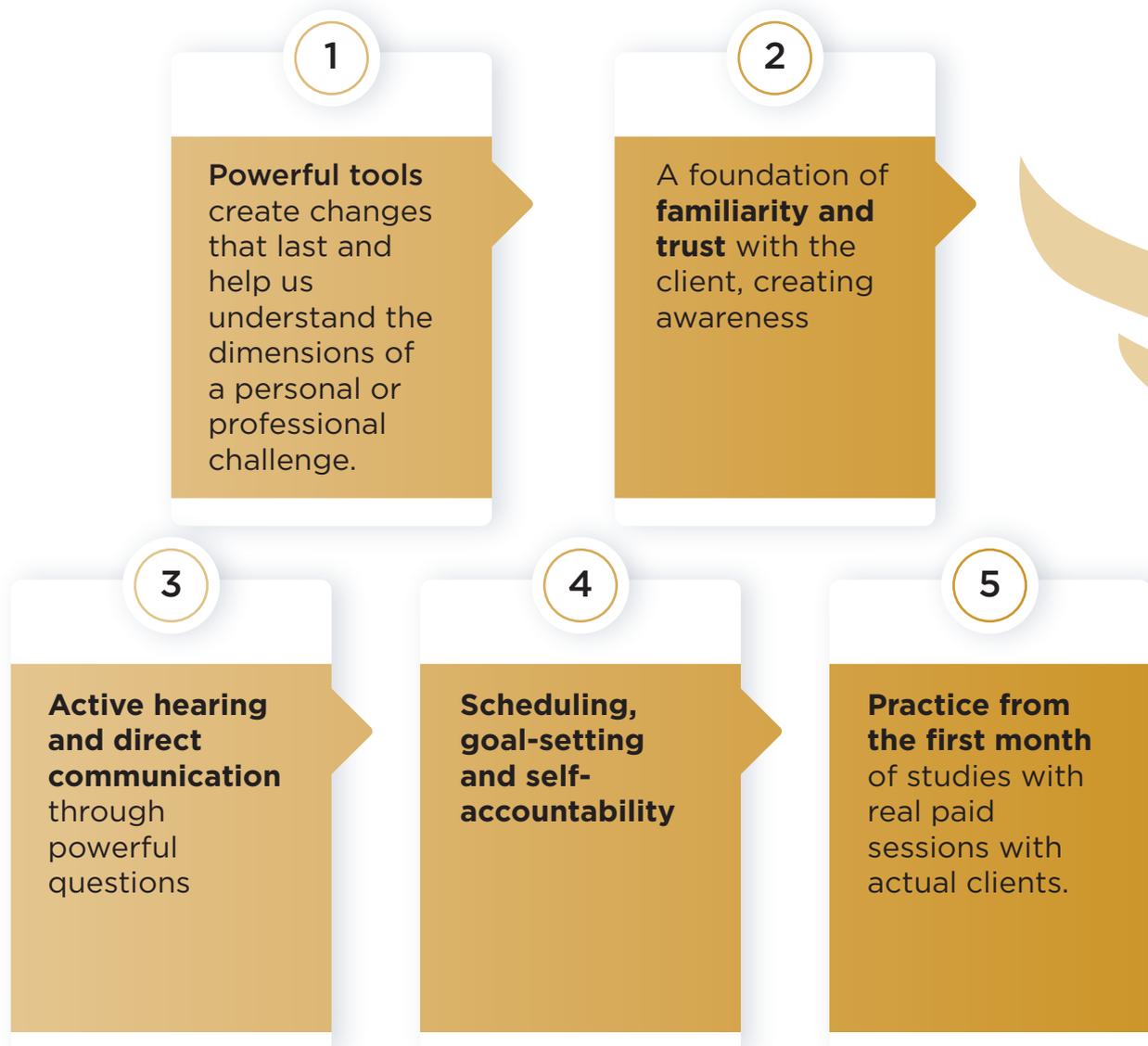


4%

At **GAC** you study life coaching with the top professionals who speak your language. You get trained by the best life coaches, such as **Jill Douka MBA, MCC** who possesses the highest coaching certification of Master Certified Coach, which is something **only 4%** of coaches around the world have.

How do those who enroll at the school transform from simple students to acclaimed professionals?

Follow the 5 step chart that brings the GAC graduates closer to success:



At GAC, you complete your basic training within 12 months and you can professionally practice what you have learned from the first month! Life coaching doesn't require previous theoretical background. Anyone who truly desires to study and excel in this profession can do it.

However, that doesn't mean that they shouldn't meet certain values and virtues such as:

- Empathy
- Insight
- Curiosity and interest
- Creative mindset

At **GAC**, remote online learning gives you the ability to fully integrate your studies into your life plan.

Why is life coaching so popular nowadays?

We live in a confusing world. New information keeps arriving and we are constantly trying to keep up. Our relationships with ourselves and with those around us get inevitably entangled, making even the simplest decisions look hard. At that point, a coach's interference **brings us back to the center of our values and helps us redefine our goals.**

At **GAC**, we follow **the most complete and internationally recognized curriculum**, certified as **ACSTH** for 124 hours and structured based on the standards and the Code of Ethics of the International Coaching Federation.

Why is life coaching the number one method of self-discovery?

Life coaching draws its basic method straight from the Socratic method. With **enhance self-discovery with insightful questions.** We never disclose our own opinion, even if we are tempted to give advice. The client always has the upper hand and is at the center of each session. We don't control their emotions or thoughts. Quite the opposite.

Our goal is to bring them to the surface, so that the client can lead themselves to their own truth as well as to the reasons why they didn't want to face it for so long.

At **GAC**, from the **8th month** of your studies, **you can create your own Coaching business**, choosing your clients and delving into relationship coaching or towards executive coaching & mentoring.



What does "study life coaching" mean?

Life coaching is targeted towards those who believe in human value and have the insight to see others' true power and potential. Even though life coaching begins with a natural aptitude, its efficiency is increased through the right studies, which delimit the coach's instincts and reveal the most efficient tools in order to appropriately and productively set up their sessions. Choosing the right course of study derives from its structure, the timeliness of the methods as well as its certification by a recognized international organization.

At GAC, you acquire a ACSTH 124 hours certification, which is officially recognized by the International Coaching Federation (ICF), the Global Coaching Organization that contains 35.000 coaches-members in 130 countries.

How easy is it for someone to become a professional life coach?

Nowadays, starting any kind of business constitutes a challenge. However, contrary to other professions, life coaching offers reduced operating costs. The biggest bet is the gradual creation of a customer base and that is the most stressful thing for every coach starting out their career. However, even studies count towards building a reputation, so choosing an academy that provides an opportunity for paid practice even before graduating, is an important factor.

At GAC, you are going to find the prestige and credibility in order to be a leader in one of the most modern and lucrative professions. Most of all, you are going to **find a familiar and friendly environment** which pays attention to you and your needs.

At GAC, you're not just another student. You are a precious ally in our effort to change the world and offer people what they deserve!



7 reasons to choose the Leadership Certification by Global Academy of Coaching



- The director of studies is **the only director of studies in Greece with a Master Certified Coach Certification**, which means that she belongs in the **4%** of coaches globally



- The professors are the **best coaching professors, on a global level**



- You practice coaching since the **first month of studies**



- From the **8th month, you create your own Coaching business**, choosing your clients and delving into either relationship coaching or into executing coaching & mentoring



- You get to do **5 supervised coaching sessions** and learn **how to become a better coach** without no additional cost



- **You become a member** of a global community of coaching since the professors have **global range**



- The graduates, rate the certificate at **9,2/10**