



GLOBAL ACADEMY OF COACHING

LEAD. THRIVE. MAKE A DIFFERENCE.



Executive Training Solutions

Grow as a leaders to Increase Team Productivity

Do you want to help your teams to achieve more?
What if you could create a company culture that builds success?
When was the last time you thought,"Wow!my job is amazing!"?

Our customized training will give your teams the skills and confidence to lead themselves and their team, thrive in a climate of constant change, and make a difference.



“ Culture eats
Strategy
for breakfast ”

The Global Academy of Coaching Offers Customized Training to Boost your team's Performance

Here are some sessions and topics we cover with our clients:

- **MENTORING PROGRAMS**
Diffuse the power of mentoring in your organization. Reduce retention, increase productivity.
- **EXECUTIVE COACHING ACCREDITED by INTERNATIONAL COACHING FEDERATION**
Invest in a mind-shift perspective for your employees and make the best out of them in a one on one basis or in a group setting according to your needs
- **ENHANCE LEADERSHIP SKILLS**
Tailor-made academy program to your organization's needs, that **skyrockets** your teams' leadership skills



We can support you with tailor made training on your needs:

- Executive Coaching with coaches accredited by International Coaching Federation
- Change Management Training
- Cultural management alignment retreat
- Mentoring Certification for Managers
- Life Coaching and Leadership Certification for Managers
- Sales training with Leadership Skills

All our trainings are tailor made within your needs.



BUILD SUCCESS THROUGH COACHING

1

67% of
Businesses report
an increase in
productivity due
to mentoring, yet
less than 2 in 5
people have a
Mentor

2

Mentoring
produces positive
changes in
employee
retention, loyalty
and satisfaction

3

Discover how to
launch and lead an
effective mentoring
program for your
company through
the expert
guidance of our
coaches

EXECUTIVE COACHING to EMPOWER LEADERS

1

Every leader has
blind spots and
areas they can
improve. When
you work with an
executive coach,
he will help you
discover how to
grow

2

Executive
Coaching focuses
on helping people
find the best
perspective to
achieve their
goals

3

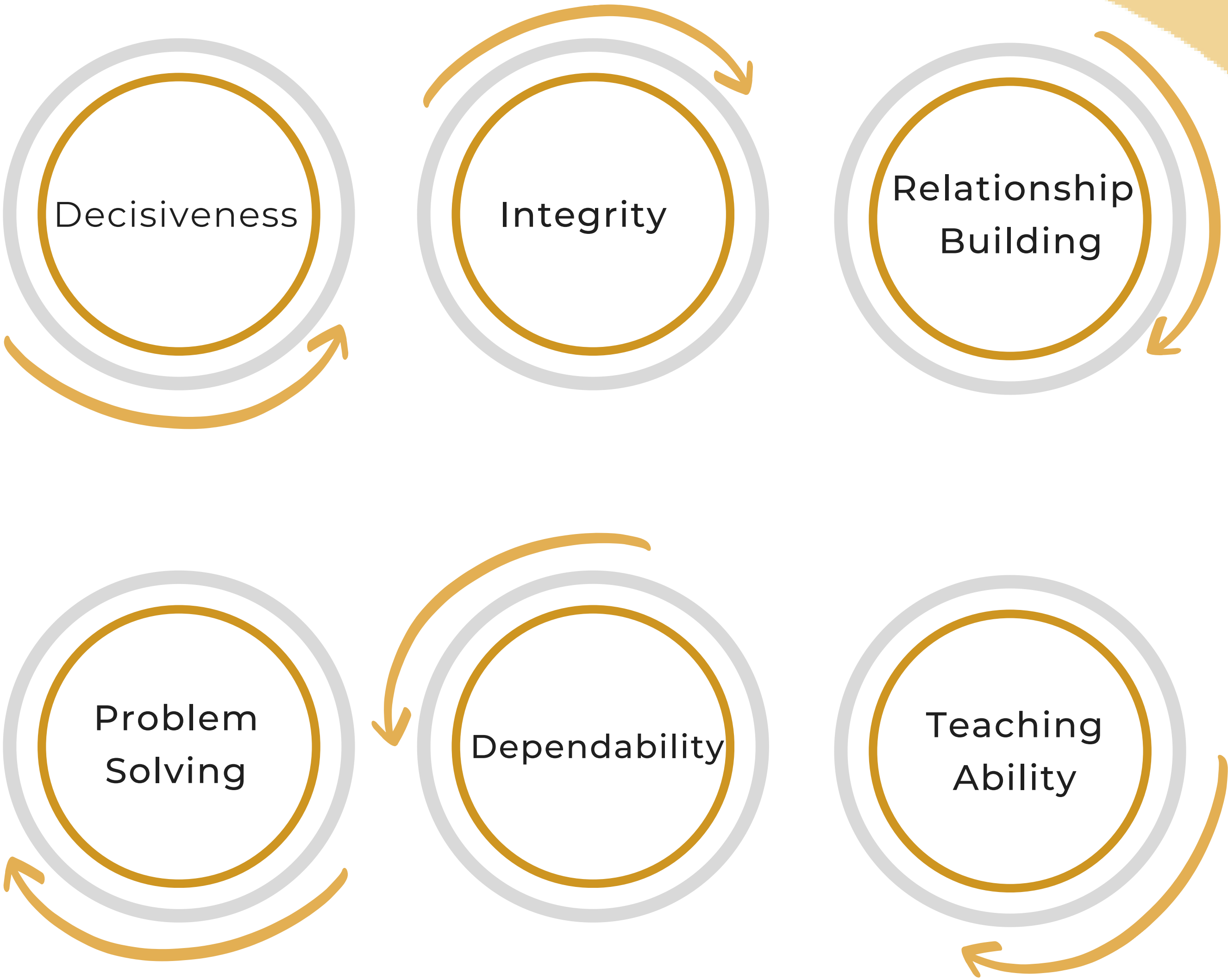
Find your best
perspective through
group sessions or
one-on-one
training. Our
coaches will help
you and your team
grow together

SKYROCKET TO SUCCESS

with LEADERSHIP SKILLS

What are the Leadership Skills, anyway?

Here are **6** crucial Leadership skills:



Develop a plan to grow each one of these skills for yourself and your team, with executive coaching from our Coaches.

WE OFFER EXPERT COACHES CUSTOMISED PROGRAMS and GUARANTEED RESULTS

Expert coaches

Jill Douka | MBA, MCC



Jill Douka MBA, is the Women's Leadership Coach and Master Certified Coach, accredited by International Coaching Federation, which brings her to the 4% of coaches globally. She is #1 International Bestselling and Awarding Author of 4 books, highly sought after internationally-renowned speaker, awarded mentor by European Union.

Customizable Programs

Our partners are Certified Coaches, not program sales people. They will discuss with you, find out your organisation's goals, and help you craft a strategy for achieving those ambitions.

We can focus on group work for team enhancement. Equally, a coaching plan can be designed for each key individual on your team to help them achieve the best.

Guaranteed Results

We offer a 100% satisfaction guarantee - we have never needed it.

Our clients rate us with 9.5/10 and tell us amazing stories on how GAC leadership coaching and training has changed their lives.

We guarantee results because we have decades of coaching experience. Coaching is a dynamic, responsive relationship, and we have the experience to make it work.

METHODOLOGY

In Global Academy of Coaching we develop experiential exercises combined with theoretical case studies. This combination gives the opportunity to the participants to apply immediately and make use of the new tools and strategies they learn. Our Methodology is based on group coaching and sharing, simulating exercises, team building activities, journaling, facts of science and videos.

Our trainers are some of the very few Europeans who have been trained by Jim Roth, Antony Robbins, Jack Canfield, Stephen Covey, Tom Rath, Marcus Buckingham, Marie Diamond, Marrian Williamson, DC Cordova, Fabienne Frederickson, Brendon Burchard, Robin Sharma who are global leaders on leadership, customer service and people development sector.

Accountability. Participants prior to the training send to the training leader what they would like to get as learnings from the training. During the 6- or 12month program they are assigned an Accountability Partner, so that they weekly check in and discuss their progress.

At the end of each training , there is a written feedback by the participants. The results are communicated to the HR Department and are important as future training design and needs.



TESTIMONIALS

“ This has been an experience filled with positivity and fun. Inspiring presentation and team building activities. We will arrange our next training soon.

M. Chatzipavlou, HR Business Partner at Microsoft

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“ After attending the seminar I mobilised so as to put in a row the goals that I set from time to time but never achieved in the end. I definitely consider it as the beginning in a more positive attitude of life and awareness of many things about my daily life and what I want to achieve.

S. Zoupanou, Human Resources Lead at Mondelez

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“ After participating at your training, I got activated in order to put my goals in place which I occasionally set but I never accomplish in the end. I certainly believe it's a start towards a more positive way of life and awareness of many things about my daily routine and my future. Thank you!

M. Gergaki, IT Manger Ibedrola Renewables Energy

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“ I wanted to increase my self confidence, to believe in myself and in my abilities and also to be and feel a leader. The Certification has helped me realise who I really am and what I really want in my life. Now I believe, I respect and love myself more. I have also met people who have similar aspirations as me and who want to take their life to the next level. I feel that coaching has helped me become a better person.

Stephanie Georgiou,

Operations & Marketing Manager at MSG Tradelink Ltd,
ACC (Associate Certified Coach) by ICF

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GLOBAL ACADEMY OF COACHING

Global Academy of Coaching Executive is active in the area of coaching and experiential learning in Europe, USA and Asia. GAC supports organizations and business executives, who want to develop and maximise their dynamics and be Global Leaders. In GAC we collaborate with leaders in the personal development sector from all over the globe.

In Global Academy of Coaching we guide our clients in order to bring to the surface and “unlock” their Uniqueness, that is, their strengths, their energy, their goals, and their values, through Trainings, Coaching and the Uniqueness Game. Once our clients discover and clarify their strengths and goals, they begin to live their life around their Uniqueness and live a more meaningful life filled with vitality, energy and balance.

The basis of the team work of GAC is the Uniqueness Concept, which consists of a mixture of ideas of the strengths approach, of positive psychology and the body/mind connection, focusing on the only thing that someone may really control – their own self.

Jill Douka, MCC

Curriculum Vitae

Trainer



is the 3 times #1 bestselling author who is accredited at the 4% of coaches globally as Master Certified Coach by International Coach Federation. She is a #1 Awarded International Bestselling Author, Life Coach, Awarded Business Mentor by the European Union and international workshop leader. Jill is a Coach Mentor Accredited by International Coach Federation. She is one of the few Europeans, Official Member of Forbes Coaches Council. Her 3 books, Create Love and How to Create Your Life, and Suddenly have been #1 Bestsellers as her new book Woman Now aspires to be.

She is the one of the very few European female TEDx speaker in Europe and Asia. One more personal note, most people don't know this but Jill Douka has been through abuse at a very young age, anorexia and bulimia, a fiancée left months prior to their wedding, has been through a very painful miscarriage and a divorce.

She is Greek Canadian and has trained, coached and mentored thousands high profile clients like politicians, Tv stars, athletes in Europe, USA and Asia. She is considered to be one of the most acclaimed coaches in Europe by the press and is one of the first Europeans invited to speak in a TEDx event in Asia and Europe in the same year. You may see her talks [here](#). She is the founder of Global Academy of Coaching which is dedicated to supporting individuals to become coaches who support their clients to thrive while at the same time serve as top leaders within their community. She is a frequent guest in tv and radio shows and has been featured in major publications like Forbes, The Times of India, Madame Figaro, Huffington Post and more. Via Global Academy of Coaching she supports people to successfully cope with change by unlocking their strengths, energy and goals. Some of her clients are Kraft, Microsoft, Iberdrola, Piraeus Bank. She holds an MBA from ALBA and is an International Coach Academy graduate. She has studied Human Resources in Cornell University and holds a Master's degree in Cultural Management and Political Science from Université Paris Dauphine. Studied Contemporary Dance and Choreography in Merce Cunningham Foundation in New York..

You may order Jill's International Awarded Bestseller Αγάπη Τώρα, Ξαφνικά Τώρα, Ευ Ζην Τώρα, Γυναίκα Τώρα, Create Love, How to Create Your Life here: [Global Academy of Coaching - Βιβλία Coaching](#)

Mrs. Douka was chosen and awarded as a mentor at the European Business Mentors network. She is an active philanthropist. Jill is committed to support over 1.000.000 women to reclaim their lives, to get - filled with confidence, let go of their not enoughness and stress and enjoy every second of their precious lives. She is very proud of her daughter Joy with whom they travel the world.

Emilia Kakavani, ACC

Curriculum Vitae

Trainer



Emilia Kakavani, ACC, is an executive, career and transition coach who sets a stimulating and stable coaching space offering her active - listening presence to her clients to support them to successfully exploring their unique edge, enhancing their skills while developing a meaningful career, wellbeing status, feel confidence and inner harmony. Emilia spent the first 20 years of her career in Brand Marketing, Media and PR across a variety of countries and industries including a subsidiary of a Fortune 500 company, namely, FMCGs, Entertainment, Shipping and Hospitality. During this time she became aware that her interest and success was in people's development, agile and open mindset and relationship management. During this period Emilia had the opportunity to travel around the world and collaborate with different nationalities and cultures gaining a citizen of the world perspective. To take her skills to the next level, along with her academic skills in some of the top Universities in the world like IMD and London Business School, Emilia took a certified coaching program in Global Academy of Coaching and together with her previous niche and this new skill, she intentionally changed focus of her work. In her current role as the Executive Career & Transition Coach at the Global Academy of Coaching

We have created tailor made training solutions for

Bank of Cyprus



Deloitte



Microsoft

Mondelēz International

PIRAEUS BANK

Schwarzkopf

University of Cyprus

LAMDA
Targeting Perfection

Elena Kanela

Curriculum Vitae

Trainer



Elena Kanela is a graduate of Global Academy of Coaching with a specialisation in Executive Coaching & Mentoring. She is the owner of an Insurance Agency specialising in Business & Individual Risk Management. She is an Insurance Agent with certification of professional knowledge of investment products and Mentee at MDRT. Holder of a degree in Computerised Accounting, she has also been trained in "Insurance Office Organisation & Business Digitisation" through EIAS. She has been active in the insurance industry for several years and has created her own team of insurance advisors whom she constantly trains and supports. She has as a basic philosophy in her work, to support her collaborators to develop a successful and long career.

Are You Ready to Lead
Yourself and Your Team
to the Next Level?



Contact Information

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